



Diabetes 101



Be in the know!

Questions about Diabetes? Are you at risk of developing Diabetes?

Meet the Bridges CHC Diabetes Team on **Monday May 15th** from **10am-12pm** in the **Atrium**

Athena will answer your **nutrition questions**

Chris will **assess your risks.**



Ontario

Hamilton Niagara Haldimand Brant
Local Health Integration Network
Réseau local d'intégration
des services de santé de Hamilton
Niagara Haldimand Brant

Bridges

Community Health Centre
Fort Erie and Port Colborne/Wainfleet



Every One Matters.

Every individual. Every community. Every staff person.